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Meditation is not enough – for reaching the goal, then what else is required.

To reach the goal along with meditational practices as given by the great master some other things are also required. What are they?

Service, sharing and sacrifice.

What is service?

Service to man is service to God. First of all we should understand who we are. We are children of God. What is the purpose for which He has sent us into this world. To realise ourselves and most importantly to do the spiritual service by uplifting /making them realise along with us. Then only life is meaningful to the society or God/The Master.

Most of us if not all of us are bothered about ourselves and at the most people near and dear to us. But what God/Master wants from us? To uplift mankind to the extent possible. How many of us are thinking in those lines. Most of us are selfish to the core of our being. That is not wrong but along with our welfare we should look to the spiritual welfare of others around us. Then only our life is meaningful /useful to others /Master/God. Then only the saying Service to mankind is service to God has got a meaning/relevance. Then only we can call ourselves human beings.