

## **When we are out of reality, we become Satan**

**Bh.Devasena**

I.D. No. 239

Our Great Master Sriramchandra ji in His article Superstition and spirituality has said that “When we are out of light we fall in darkness, when we are out of wisdom we become fools and when we are out of reality we become satans.

At the out set what is Reality. Reality is to realize our true self that is Divinity we are divine expressions. A real man is he who expresses these qualities of satya ,ahimsa, asteya, aparigraha and brahmacharya at human level and in addition qualities like kshama, daya, karuna, empathy at the divine level.

When we observe how many are able to really express these qualities may be very few .Because people have gone out of reality and living in an unreal world filled with selfishness, greed, temptations, superstitions, fear, sadism, ego etc. All these are depictions of satanic qualities .Who is satan. A person with above mentioned qualities can be called a satan.

In this moderns world filled with unreality satan is playing the dominant role. People are their fore unhappy ,unrest crying for peace running after something unknown .There is social and moral degradation and people are living at animal level and at times even below animality.

At the time when spirituality was tottering helplessly and solid materialism has usurped the position of spiritualism in human life and yogic transmission had become quite obsolete the great soul descended down to earth in the form of Samarth Guru Mahatma Sriramchandraji Maharaj of Fategarh on 2<sup>nd</sup> feb 1873 which is a new era in spirituality. He brought us back the technique of Pranahuti or yogic transmission which was designed into a method called Sahaj Marg by our beloved Master Babuji Maharaj.

Our master has said God has hidden inside your heart and exposed you. Hide yourself inside and expose God. The entire exercise of Sriramchandraji's Rajayoga is for achieving this.

To be born as a human being is a boon of God because we are gifted with the thought power. Master says world peace is closely related with the peace of the individual for which one has to take into account the inner state of one's mind. If mind is brought to the state of peace and order everything in one outside world will get into the order in the same colour. He also said that every evil has its origin in the mind and that is alone responsible for its irregular activities. It is the very same mind that leads us to virtue and helps us to realize our highest self. By practicing the method the mind gets disciplined and regulated and much of the inner disturbances are eliminated.

The regular practice of the method with the support of pranahuti leads us to reality from our satanic way of living . Especially meditation on point 'A' and 'B' discovered by master in the chest

region enables the abhyasi to curb the disturbed tendencies of mind, fickleness and gradually purifies the mind. This will enable us from animal level to human level and then to divine level.

Our thought is diverted to upper level through pranahuti and slowly the qualities or attitudes of satan which we are so far leading a role in all our activities come down and slowly fade away.

However we still have to be cautious of satan which is still outside us tempting us to shun away from our path. Eg; when we have started practicing the method and suddenly an eventuality takes place like loss of material/loss of persons or property people try to pull me down with a superstition that because I am in the system luck has not favored me. "Had I prayed another guru I would have been happy". Under such circumstances I should use my viveka and not get influenced to such superstitions. We need courage and faith in self and master to move on the path of reality. Master says Lion hearted men alone dare approach reality.

If we are perturbed with our difficulties we cannot move in the path .We should come out of all kinds of superstitions . With the influence of divine no satan can play its role.

So divinity has to be expressed by becoming purer gradually giving no room for satanic attitudes. Master is always with us to give us strength and courage .He is our best friend. There should not be any fear .

You should be able to feel the presence of master always and express Him in all our actions. Our small consciousness should rise to the level of Universal consciousness .All of us should collectively move on the path of Reality shown to us by our master and throw away the satan from our self and out side. With sunlight there is no darkness. When we are with reality there is no satan .This is what I have understood from my masters.